

NAFILAH ZOHR

The supererogatory (mustahab / nafilah) Noon Prayer consists of eight units as follows: In the first two units, you may intend offering them, utter the Takbir statement seven times as has been previously explained, say the supplications dedicated to these statements, and pray Almighty Allah to protect you against Satan the accursed:

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ-

You may now recite Surah al-Faatehah and Surah al-Tawheed in the first unit and Surah al-Faatehah and Surah al-Kafirun (No. 109) in the second. Upon accomplishment, you may repeat the Takbir statements three times, as has been previously explained in the beginning of the general post-prayer utterances, utter Tasbih al-Zahra', and then say the following supplicatory prayer:

اللَّهُمَّ إِنِّي ضَعِيفٌ فَقَوِّ فِي رِضَاكَ ضَعْفِي وَخُذْ إِلَيَّ الْخَيْرِ
بِنَاصِيَّتِي وَاجْعَلِ الْإِيمَانَ مُنْتَهَى رِضَائِي وَبَارِكْ لِي فِيهَا
قَسَمْتُ لِي وَبَلَّغْنِي بِرَحْمَتِكَ كُلَّ الَّذِي أَرْجُو مِنْكَ وَاجْعَلْ
لِي وُدًّا وَسُرُورًا لِلْمُؤْمِنِينَ وَعَهْدًا عِنْدَكَ-